

Frinton-on-Sea Primary School Newsletter



www.frintononsea.essex.sch.uk

Thursday 10th September 2026

Letter from our Head of School

Mrs Chapman

The Frinton Family Vision

'Compassion, Commitment, Ambition'

We are an inclusive and caring community of ambitious learners who show commitment to our learning, take responsibility for our actions and care about one another. We help every pupil to do their very best academically, personally, and emotionally, so they are ready for the next stage of their journey.

Welcome back to the new term. It has been lovely to see the children returning so confidently and settling brilliantly into their new classes. There has already been a real sense of calm, purpose and enthusiasm around school, and we are looking forward to a happy and productive term ahead.

A gentle reminder about donations for lunchtime and breaktime equipment. These donations make a real difference to the range of activities and resources we can offer the children during the school day. If you have any items at home, which you no longer use that could be used at the school, we would be incredibly grateful for your support.

We have also been lucky to have Jaymini attend the school to support years 1-6 with Bollywood dance routines. The children have thoroughly enjoyed taking part, and it has been a fantastic opportunity for them to learn new steps, move with confidence and have fun together. Many thanks to Mrs Bollu for organising this opportunity, and to Mrs Hearn (Local Cultural Education Partnership Officer) and the PTA for covering the costs to enable this valuable experience to happen.

With the variable weather, please ensure that all children attend school with an appropriate jacket. Even on brighter mornings, the temperature can change quickly, and a suitable coat will help keep everyone comfortable throughout the day.

Thank you, as always, for your continued support. We really appreciate working together with you to make school a positive place for every child

Have a lovely weekend.

Mrs Chapman

Promoting Good Attendance

At Frinton on Sea Primary School, we know that regular attendance and punctuality are key to helping every child thrive. Being in school every day ensures pupils can fully benefit from learning, friendships, and all the opportunities that shape their wellbeing and future success. We aim to build strong habits of attendance from the very beginning and hold high expectations for all our pupils. Good attendance is woven into our school's vision and values, supporting not only achievement but also safeguarding and personal development. If you have any questions, please contact our Attendance Officer, Mrs Burt, who is here to support families with any attendance matters.

Collection Arrangements

To help us ensure the safety of all children at the end of the school day, please remember to inform the school office if someone different will be collecting your child, please contact the office as soon as possible by phone so that staff can be notified. We are unable to release children to an unknown adult unless prior permission has been received from a parent or carer.

Birthday Treats

We love celebrating birthdays at school and helping children feel special on their big day. However, to ensure the safety and wellbeing of all pupils, children should not bring sweets, cakes, chocolates, or other food treats into school to share with their classmates. This decision has been made due to the increasing number of children in school with food allergies, intolerances, and dietary requirements. By avoiding the distribution of food items, we can help ensure that all children remain safe and included in celebrations. Children are, of course, very welcome to celebrate their birthday with their class in other ways. Many children enjoy wearing a birthday badge, sharing a favourite book, or simply enjoying the special recognition they receive from their classmates and teachers throughout the day. We appreciate that sharing treats has traditionally been a lovely way to mark a birthday, and we thank you for your understanding and support in helping us maintain a safe environment for everyone.



Autumn Dates for the diary

Tuesday 1st September
Wednesday 2nd September

Non Pupil Day
Non Pupil Day

Thursday 3rd September

Children return to School

Monday 7th September
Thursday 10th September
Friday 11th September
Monday 14th September
Thursday 17th September
Tuesday 22nd September
Thursday 1st October
Tuesday 6th October
Monday 12th October
Tuesday 13th October
Thursday 15th October
Tuesday 20th October
Friday 23rd October

New EYFS children ½ days at school
Cultural Day
Cultural Day
New EYFS children full time at school
PTA Annual General Meeting – all invited
Year 6 Sats meeting for parents/carers
Census Day – Special lunch details to follow
Individual school photos all children
Scholastic Book Fair week
Parents/Carers Consultation evening
New 2027 EYFS parents/carers walkaround
Parents/Carers Consultation evening
Harvest Assembly

Half Term

Monday 26th October – Friday 30th October

Monday 2nd November
Thursday 19th November
Friday 20th November

Children Back to School
New 2027 EYFS parents/carers walkaround
Children in Need

Friday 27th November

Non Pupil Day

Monday 7th December
Tuesday 8th December
Friday 11th December
Tuesday 15th December
Wednesday 16th December
Thursday 17th December

10.00 a.m. Nativity for parents carers EYFS, Y1, Y2
10.00 a.m. Nativity for parents carers EYFS, Y1, Y2
Christmas Fayre
10.00 Church service at Frinton Free Church
Children's Christmas Lunch
10.00 Heads Awards
PTA After school Christmas Disco

Friday 18th December

Break up for Christmas

Christmas Holiday

Monday 21st December – Friday 1st January 2027

Monday 4th January 2027

Non Pupil Day

Tuesday 5th January

Children return to school



*Congratulations to:
Dolice Gill and Teddy Henderson
this year's Head Girl and Head Boy.
Well done.....*



**Green Flag
Award**

*Congratulations to our Eco
Ambassadors'.
With the help of Mrs Bollu we have
been successful in achieving an
Eco-Schools Green Flag Award with
Merit!
Well done to all!!*

PTA AGM

PARENT TEACHER ASSOCIATION
ANNUAL GENERAL MEETING

1



WHEN & WHERE

**THURSDAY
17TH SEPTEMBER
9:00 AM
AT THE SCHOOL**

2



COMMITTEE ELECTIONS

- ALL 4 COMMITTEE MEMBERS NEED TO BE RE-ELECTED
- OR NEW PARENTS STAND FOR VOTING

3

JOIN US, WE'D LOVE TO SEE YOU!



**BRING A
COFFEE**



**FIND OUT MORE
ABOUT THE PTA**



**SHARE YOUR
VIEWS**

ALL PARENTS ARE WELCOME TO ATTEND.

We need as many of you as possible to come
and shape our school community!



WEIGHT LOSS SUPPORT

Personalised support to help you reach your goals.

- 1-to-1 nurse consultations
- Weight management injections*
- Ongoing support and advice



*Subject to suitability.



TRAVEL HEALTH

All you need for a safe and healthy trip.

- Travel vaccines
- Malaria advice
- Travel health kits
- Destination guidance





OCCUPATIONAL HEALTH

Helping you stay healthy and safe at work.

- Health assessments
- Vaccinations
- Blood tests
- Fit to work certificates





CHILDREN'S VACCINES

Protecting your child's health, every step of the way.

- Routine vaccinations
- Catch-up vaccines
- Friendly, expert nurse care





BLOOD TESTING

Fast, convenient and reliable.

- Wide range of tests
- Private results
- Expert advice





EAR WAX REMOVAL

Safe and effective ear wax removal.

- Microsuction
- Irrigation
- Quick and comfortable





EXPERT CARE

Delivered by qualified nurses you can trust



PRIVATE & CONFIDENTIAL

Your privacy is our priority



CONVENIENT & LOCAL

800+ Superdrug Health Clinics



SUPPORTING YOU

Here for your health, every step of the way



BOOK YOUR APPOINTMENT TODAY
Walk-in or book online
Quick, easy and local to you.



SCAN TO BOOK OR FIND OUT MORE



VISIT YOUR LOCAL SUPERDRUG HEALTH CLINIC TODAY

*Subject to availability, suitability and consultation with a Superdrug Nurse or Pharmacist.

Superdrug 

Nurse Clinic 

HELP TO PROTECT YOUR CHILD FROM COMMON INFECTIONS



Stay protected. Stay confident.

Children's vaccines available at **Superdrug Nurse Clinic.**



SAFE, EFFECTIVE & NURSE LED CARE



Quick & convenient appointments



For children & eligible families

CHICKENPOX



MENINGITIS B



SHINGLES



WHOOPIING COUGH



PNEUMONIA



MMR





BOOK ONLINE TODAY



Search **Superdrug Nurse Clinic**



Qualified Nurses



SAFE Safe & Effective



18+ For children & eligible families

Health & Happiness 

Appointments subject to availability.
For full eligibility and vaccine information, visit superdrug.com/nurse-clinic

SNC2024

FREE ONLINE WORKSHOPS THIS SEPTEMBER

FOR PARENTS AND CARERS

OF NEURODIVERGENT CHILDREN AND YOUNG PEOPLE

Delivered by the Mental Health Support Team

@EssexMHST_and_SETcamhs

SCAN TO REGISTER



bit.ly/4jtb46c



Burnout and Masking

21st September 7 pm

Sensory Differences

29th September 7 pm

Striving to provide the best care by the best people



NHS
North East London
NHS Foundation Trust

FREE ONLINE WORKSHOPS THIS SEPTEMBER FOR PARENTS AND CARERS

OF PRIMARY-AGED CHILDREN

Delivered by the Mental Health Support Team

@EssexMHST_and_SETcamhs

SCAN TO REGISTER



bit.ly/3MaR1wJ



Helping Your Child with Fears and Worries

8th September 09:30 am

Practical Tools to Help Your Child's Sleep

10th September 7 pm

Understanding Autism

14th September 09:30 am

Understanding Anxiety & Emotionally Based School Avoidance

22nd September 09:30 am

Striving to provide the best care by the best people



NHS
North East London
NHS Foundation Trust

FREE ONLINE WORKSHOPS THIS SEPTEMBER FOR EDUCATION STAFF

Delivered by the Mental Health Support Team
@EssexMHST_and_SETcamhs

SCAN TO REGISTER



bit.ly/4ryG6wY



Keeping Calm in Challenging Situations

14th September 3:30 pm

Understanding and Supporting with Anxiety

22nd September 3:30 pm

Understanding and Supporting with Low Mood

28th September 3:30 pm

Striving to provide the best care by the best people



CMTS
YOUTH

CLACTON MUSICAL THEATRE SOCIETY YOUTH'S PRODUCTION OF

Disney

MOANA JR.

Music and Lyrics by
Lin Manuel-Miranda, Opetaia Foa'i & Mark Mancina

Book Adapted by
Susan Soon He Stanton

Music and Orchestrations Adapted and Arranged by
Ian Weinberger

Based on the 2016 Disney film *Moana*

30th October - 1st November 2026

Columbine Centre, Walton

Friday 7:30, Saturday 2:30, Sunday 3pm

£10

CMTSYOUTH.TICKETS@GMAIL.COM

07543468185

MEMBERS OF NETG

NODA
for every stage